

Manual therapy is an ancient method of treatment directed at correcting and exterminating pathological detection in backbone, articulations and muscular system. Basically, articular and soft techniques are used in modern manual therapy. Initially, manipulative therapist works on musculoskeletal (locomotor) system with an aim to exterminate function disorder and probable blocks as well as to enervate soft tissues and support right operation of body systems.

Due to the aforementioned, blood supply of organs and metabolism are improved, operation of internal organs and natural condition of articulations are recovered, some muscles are influenced, general recuperation of body begins and main objectives of rehabilitation are terminated.